



LUNCH

MENU

Because Quality Matters

781-821-0005

CREATE A SANDWICH \$7.99

Choose Your Protein

Turkey – Oven Gold, All Natural, Maple Honey, Turkey Pastrami, Smoked, Cracked Pepper

Ham – Honey Maple, Black Forest, Sweet Slice

Chicken – EverRoast, All Natural, Buffalo, BBQ, Grilled Chicken

Beef – Oven Roasted, All Natural, Cajun Roast Beef, Corned Beef Brisket, Black Pastrami, Genoa Salami, Capicola, Bologna, Prosciutto (Add \$1 for all beef)

Salad – Egg Salad, Chicken Salad, Cranberry Walnut Chicken Salad, Tuna Salad

Cheese – American, Low-fat American, Cheddar, Swiss, Alpine Lace Swiss, Provolone, Muenster, Fresh Mozzarella, Feta, Three Pepper Colby

Choose Your Veggies

Veggies – Romaine, Tomato, Pickle, Onion, Cucumber, Roasted Red Pepper, Jalapeno, Sweet Fire Pickles

Choose Your Toppings

Toppings – Mayo, Chipotle Mayo, Hummus, Roasted Red Pepper Aioli, Thousand Island, Garlic Aioli Spicy, Sweet Fire Relish, Honey Mustard, Ranch Dressing, Spicy Mustard, Horse Radish, Pesto

Choose Your Bread

Bread – Braided Roll, Bulkie Roll, Ciabatta Roll, Wheat, Rye, Pita

Add Avocado to Any Sandwich \$\$.99

Add Bacon to Any Sandwich \$\$.99

SPECIALTY SANDWICHES

Thanksgiving Wrap – Oven Roasted Turkey, Cranberry Cornbread Stuffing, Cranberry Sauce & Mayo on a Wrap \$8.99

California Club – Grilled Chicken Breast, Swiss Cheese, Bacon, Avocado, Tomato, Lettuce & Mayo on a Ciabatta Roll \$9.99

Steak & Cheese – Teriyaki Steak Tips, Cheddar Cheese, Sautéed Onions & Peppers on a Ciabatta Roll \$10.99

SPECIALTY SANDWICHES

The Piccoli – Prosciutto di Parma, Roasted Red Peppers, Fresh Basil, Fresh Mozzarella on a Ciabatta Roll \$8.99

Turkey Club – Oven Roasted Turkey, Bacon, Lettuce Tomato & Mayo on a Wheat Bread \$8.99

Tomato, Basil, Mozzarella – Tomato, Fresh Basil, Fresh Mozzarella & Vinaigrette on a Ciabatta Roll \$7.99

Greek Wrap – Romaine, Feta Cheese, Tomato, Black Olives, Cucumber, Onion, Roasted Red Pepper & Greek Dressing on a Wrap \$7.99

Classic Italian – Genoa Salami, Capicola, Prosciutto, Provolone, Roasted Red Pepper, Onion, Lettuce & Olive Oil on a Sub Roll \$9.99

Caesar Wrap – Romaine, Parmesan Cheese, Croutons, Caesar Dressing on a Whole Wheat Wrap \$6.99
Add Grilled Chicken \$8.99

Meatball Sub – Our Store-made Meatballs, Provolone, on a Toasted Sub Roll \$9.99

Grilled Cheese w/ Tomato – Asiago, Cheddar, Swiss on Rye \$7.99

Chicken Parmesan Sub – Chicken Cutlet, Parmesan Cheese, Fresh Mozzarella & Marinara on a Toasted Sub Roll \$8.99

Panko Chicken Cutlet Sub – Panko Encrusted Chicken Cutlet, Three Pepper Colby & Sweet Fire Aioli on a Toasted Sub Roll \$8.99

Corned Beef or Pastrami – Swiss and Cole Slaw on Rye Bread \$9.99



Boar's Head



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HOT ENTREES

Our chefs prepare a wide array of meals each day using only the finest ingredients. All of these items are available to be heated. Call for availability.

SALADS

- Garden Salad** - Field greens, cucumber, tomato, pepper, onion **\$3.99**
- Sirloin Steak Salad** - Marinated sirloin steak, blue cheese crumbles, romaine, tomatoes **\$12.99**
- Signature Salad** - Field greens, goat cheese, cranberries, walnuts, berries **\$6.99**
- Greek Salad** - Romaine, cucumber, tomato, feta, black olives **\$4.99**
- Caesar Salad** - Romaine, croutons, parmesan cheese **\$4.99**
- Dressing:** Balsamic or raspberry vinaigrette, Italian, Greek, ranch, blue cheese

- ADD TO ANY SALAD:**
 Choose how much you would like
 Tuna Salad **\$8.99/lb**
 Egg Salad **\$9.99/lb**
 Chicken Salad **\$9.99/lb**

DELI SIDES

Ask About Our Fresh-made Seasonal Sides
 Pasta Salad, Potato Salad, Spinach Orzo, Cole Slaw, Country Cole Slaw

HOT SOUP

Seasonal: Call for Daily Special
 Servings Pint **\$5.99** Quart **\$9.99**
 Add a Crusty Roll **\$1.00**

ADD ONS

A wide variety of chips, popcorn, fresh fruit and fresh fruit cups are available.

BEVERAGES

- Aquafina Water*
- Poland Spring Water*
- Gatorade*
- Iced Tea*
- Rock Star Energy*
- San Pellegrino*

Ginger Ale, Mountain Dew, Orange, Pepsi Root Beer

DESSERT

We carry a wide variety of cookies, ice cream and candy.

\$10 Local Delivery Available to Canton, Stoughton, Sharon

All prices are subject to change at any time

Please Refer to Our Catering Menu for Events, Barbecue & Corporate Catering

**TO ORDER:
781-821-0005**

Email: orders@maincourse-ma.com

**The Main Course Market
11 Washington Street, Cobb Corner
Canton, MA 02021**

www.maincourse-ma.com

