



LUNCH

MENU

Because Quality Matters

781-821-0005

CREATE A SANDWICH \$8.99

Choose Your Protein

Turkey – Oven Gold, Maple Honey, Turkey Pastrami, Smoked, Cracked Pepper

Ham – Honey Maple, Black Forest

Chicken – EverRoast, All Natural, Buffalo, BBQ, Grilled Chicken

Beef – Oven Roasted, Corned Beef Brisket, Black Pastrami, Genoa Salami, Capicola, Bologna, Prosciutto
(Add \$1 for all beef)

Salad – Egg Salad, Chicken Salad, Cranberry Walnut Chicken Salad, Tuna Salad

Cheese – American, Cheddar, Swiss, Provolone, Muenster, Fresh Mozzarella, Feta, Three Pepper Colby

Choose Your Veggies

Veggies – Romaine, Tomato, Pickle, Onion, Roasted Red Pepper, Jalapeno

Choose Your Toppings

Toppings – Mayo, Chipotle Mayo, Hummus, Thousand Island, Honey Mustard, Ranch Dressing, Spicy Mustard

Choose Your Bread

Bread – Bulkie Roll, Ciabatta Roll, Wheat, Rye, Pita, White/Wheat Wraps

Add Avocado to Any Sandwich \$1.99

Add Bacon to Any Sandwich \$1.99

SPECIALTY SANDWICHES

Thanksgiving Wrap – Oven Roasted Turkey, Cranberry Cornbread Stuffing, Cranberry Sauce & Mayo on a Wrap \$9.99

California Club – Grilled Chicken Breast, Swiss Cheese, Bacon, Avocado, Tomato, Lettuce & Mayo on a Ciabatta Roll \$10.99

Steak & Cheese – Teriyaki Steak Tips, Cheddar Cheese, Sautéed Onions & Peppers on a Ciabatta Roll \$14.99

SPECIALTY SANDWICHES

The Piccoli – Prosciutto di Parma, Roasted Red Peppers, Fresh Basil, Fresh Mozzarella on a Ciabatta Roll \$10.99

Turkey Club – Oven Roasted Turkey, Bacon, Lettuce Tomato & Mayo on a Wheat Bread \$10.99

Tomato, Basil, Mozzarella – Tomato, Fresh Basil, Fresh Mozzarella & Vinaigrette on a Ciabatta Roll \$8.99

Greek Wrap – Romaine, Feta Cheese, Tomato, Black Olives, Cucumber, Onion, Roasted Red Pepper & Greek Dressing on a Wrap \$8.99

Classic Italian – Genoa Salami, Capicola, Prosciutto, Provolone, Roasted Red Pepper, Onion, Lettuce & Olive Oil on a Sub Roll \$11.99

Caesar Wrap – Romaine, Parmesan Cheese, Croutons, Caesar Dressing on a Whole Wheat Wrap \$8.99
Add Grilled Chicken \$10.99

Meatball Sub – Our Store-made Meatballs, Provolone, on a Toasted Sub Roll \$12.99

Chicken Parmesan Sub – Chicken Cutlet, Parmesan Cheese, Fresh Mozzarella & Marinara on a Toasted Sub Roll \$10.99

Panko Chicken Cutlet Sub – Panko Encrusted Chicken Cutlet, Three Pepper Colby & Sweet Fire Aioli on a Toasted Sub Roll \$10.99





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SALADS

- Garden Salad* - Field greens, cucumber, tomato, pepper, onion **\$4.99**
- Signature Salad* - Field greens, goat cheese, cranberries, walnuts, berries **\$6.99**
- Greek Salad* - Romaine, cucumber, tomato, feta, black olives **\$5.99**
- Caesar Salad* - Romaine, croutons, parmesan cheese **\$5.99**
- Dressing:** Balsamic vinaigrette, Italian, Greek, ranch, blue cheese

ADD TO ANY SALAD:

- Choose how much you would like
- Tuna Salad **\$13.99/lb**
- Egg Salad **\$10.99/lb**
- Chicken Salad **\$13.99/lb**

DELI SIDES

- Ask About Our Fresh-made Seasonal Sides*
- Pasta Salad, Potato Salad, Spinach Orzo, Cole Slaw, Country Cole Slaw

DESSERT

We carry a wide variety of cookies, ice cream and candy.

**\$10 Local Delivery Available to
Canton, Stoughton, Sharon**

All prices are subject to change at any time

**Please Refer to Our Catering Menu for
Events, Barbecue & Corporate Catering**

TO ORDER:

781-821-0005

Email: orders@maincourse-ma.com

**The Main Course Market
11 Washington Street, Cobb Corner
Canton, MA 02021**

www.maincourse-ma.com

